

## OPERATION IMMERSION

ATR Provider Staff will experience life as a soldier and gain a better understanding of Military Culture and the challenges that military personnel face regarding substance abuse.

## SAVE THE DATE

April 19–21, 2011 at Camp Atterbury in Edinburgh, Indiana.







**Division of Mental Health and Addiction** 402 W. WASHINGTON STREET, ROOM W353 INDIANAPOLIS, IN 46204-2739

317-232-7800 FAX: 317-233-3472

January 20, 2011

RE: Indiana ATR Operation Immersion

Dear ATR Providers,

As you are all aware the ATR project here in Indiana is committed to providing top notch training experiences for all of our providers. Next month we will again be bringing you one of these wonderful trainings.

Indiana ATR Operation Immersion will be held April 19th -21st at Camp Atterbury in South Central Indiana. This two and one half day training will act as the 2011 spring semi-annual provider meeting for all ATR Providers.

We are very excited that our Indiana National Guard partners have made accommodations and trainers available to complete this event. During Operation immersion ATR Provider Staff will have the opportunity to experience life as a soldier and to gain a better understanding of the Military Culture and the challenges that military personnel face regarding substance abuse.

We look forward to your individual and group participation in this outstanding event. Please complete the attached liability waiver for Camp Atterbury and please review carefully the packing list for the event.

Sincerely,

Eric L. Scott,

Project Director,

Indiana Access to Recovery

Indiana Family and Social Services Administration

Division of Mental Health and Addictions



#### **HEADOUARTERS CAMP ATTERBURY**

Maneuver Training Center Edinburgh, Indiana 46124-1096

#### RELEASE AND INDEMNIFICATION FORM

**Indiana ATR Operation Immersion** conducted on **April 19<sup>th</sup> -21<sup>st</sup>**, **2011** involves an activity which may include risks such as but not limited to, falls, contact with other participants, effects of weather, traffic and other conditions. In consideration of being allowed to participate in this event. I hereby expressly assume all risks, arising out of my participation in the above listed event or activity and related activities.

Although facilities, refreshments, and other assistance may be made available during this event, I am responsible for my own health and safety. I represent and warrant that I am physically fit and able to participate in the above listed event or activity and related activities and I agree to stop and request assistance if I experience any symptom such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions which would make it difficult or unsafe to continue.

I agree, for myself, my heirs, executors and administrators, to release, indemnify and hold harmless, the United States of America, State of Indiana, Military Department of Indiana, their affiliates, officers, directors, volunteers and employees and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my participation in this event and related activities - whether it results from the negligence of any of the above or from any other cause.

The foregoing release and indemnification agreement shall be as broad and inclusive as is permitted by the State of Indiana. If any portion of it is held invalid, the balance shall continue in full force and effect.

I have read, understand and agree to the terms	s of this agreement.
Participant's Printed Name	Participant's Signature
·	. •
Date	
If Participant is a minor, parent or guardian	must sign below:
	eby consent to his/her participation. I have read the foregoing release and on behalf of myself and the participant to its terms.
Parent/Guardian's Printed Name	Parent/Guardian's Signature
Date	
	and on file at office below prior to event. Completed form may be delivered to if DPTM is closed or mailed to the address below:

Headquarters Camp Atterbury ATTN: Scheduling Officer DPTM, Building 609 Edinburgh, Indiana 46124





## **OPERATION** IMMERSION

### **PACKING LIST**

#### Comfortable Clothes:

Remember it will be April so the temperature may be variable. Suggested items include:

- Jeans
- T-Shirts
- Jacket

- Tennis shoes
- Sweatshirts

#### **Physical Training Clothing/Gear:**

- Gym clothes, T-Shirt.
- Water bottle
- shorts, sweatpants, PT happens regardless of the weather so come prepared
- Bed Linens: (twin size bed and pillow provided)
  - pillow case
  - sleeping bag or blankets.

#### **Sleeping Wear**

Remember it is April and it could go either way, warm or cold, so be prepared. We will be staying in the open bay barracks so please remember earplugs.

- **Flash Light**
- Pad Lock optional

Wall lockers do not lock, so this is up to you if you want to lock up your things.

**Personal Hygiene materials:** 

Remember these are open bay showers, so if you want to, you may bring bathing suits to shower in.

- Soap
- Shampoo/ conditioner
- Towels
- Washcloths
- Shower shoes
- Toothbrush
- Toothpaste
- Other personal hygiene items you may need

#### Snacks and drinks

Something to amuse yourself during your down time (computer, movie, books, etc.)

\*\*\* Remember: the signal for most cell phones is not great at the Camp \*\*\*





# OPERATION IMMERSION

## **AGENDA**

#### Tuesday, April 19

12:00-13:30	Check-in and Lunch
13:30-15:00	Welcome and Logistics
15:00-17:00	Briefings
17:00-18:30	Barbeque
22:00	Lights Out

#### Wednesday, April 20

Today's meals and welcomes will be taken with the National Guard Leadership.

05:00-05:15	Wake Up
05:15-06:00	PT
06:00-07:00	Self Care
07:00-08:30	Breakfast
08:30-09:00	Morning Opening
09:00-12:00	Range
12:00-13:30	Lunch - MRE - at Range
13:30-16:30	Briefings
16:30-17:30	Dinner
17:30-18:30	Soldier Stories
18:30-19:30	Spouse Stories
22:00	Lights Out

#### Thursday, April 21

05:00-05:15	Wake Up
05:15-06:00	PT
06:00-07:00	Self Care
07:00-08:30	Breakfast
08:30-09:00	Morning Opening
09:00-12:00	Briefings
12:00-13:30	Lunch
13:30-15:00	Briefings
15:00-16:30	FOB Tour and Activity